



adventure learning center, ltd.

The Creative Curriculum

For Preschool and For Infants, Toddlers & Two's

Preschool

Do you want your child to....

Get along with others?

Do well in school?

Become a good reader?

Solve math problems?

Speak and write well?

Be creative?

Make decisions?

Develop physical skills?

Have good study habits?

Be self-confident and respectful?

Enjoy learning?

Our preschool program can help prepare your child for success in school and in life. New research on the brain shows how important the early years are in a child's learning and development. What happens in preschool matters a lot. What you do at home is even more important. By working together we can be sure that your child gets the best start for school and life.

The early childhood years are our best opportunity to build a solid foundation for children's success. Your child is at a special stage. Children ages 3 – 5 are learning all the time – and they learn best by being active. Each aspect of a child's development and learning is important and affects other areas. For example; the ability to express ideas and needs by using words (language development) influences a child's ability to get along with others (social-emotional development) and to solve problems (cognitive development). Our curriculum therefore outlines objectives in all areas of development and learning. Four times a year your child will be assessed using Teaching Strategies Gold, an assessment tool which meets Missouri's core competency standards for preschool. At the end of the school year you

will be given the opportunity to meet with your child's teacher to discuss the assessment. We strive to provide your child with the best learning experience possible.

Infant's, Toddlers & Two's

Will my child....

- | | |
|--|---|
| Be safe and happy in child care? | Learn to get along with other children? |
| Be with loving and responsive adults? | Hear lots of language? |
| Still love me the best? | Develop important learning skills? |
| Have interesting things to see and do? | |

You want the very best for your child and so do we. These early years are a very important period of development and learning for your child. Current research shows that when we give very young children warm and responsive care – at home and in childcare – we help shape their overall development and ability to learn. The quality of the child care program you select matters, and it matters a lot.

We strive to provide a high – quality program that promotes your child's development and learning. This is why we have chosen the Creative Curriculum. Your child will be assessed continuously throughout their first five years at ALC. Teaching Strategies Gold follows Missouri's core competency standards and through these assessments we can set goals for learning and development for each individual child.

ALC's goals

By using the Creative Curriculum ALC and its staff will strive to:

- Provide warm responsive care for every child.
- Communicate with parents to address each child's individual needs.
- Teach each child as an individual within the group.
- Prepare all of the children in our care for future success in school and in life.

Excerpt's taken from Creative Curriculum's Parent Guide's.

Adventure Learning Center

Infant Safe Sleep Policy

Facility name: Adventure Learning Center

Facility DVN: 000674999

Date Adopted: January 21, 2016

Purpose: The purpose of the Safe Sleep Policy is to maintain a safe sleep environment that reduces the risk of sudden infant death syndrome (SIDS) and sudden unexpected infant deaths (SUIDS) in children less than one year of age. Missouri law (210.223.1, RSMo.) requires all licensed child care facilities that provide care for children less than one year of age to implement and maintain a written safe sleep policy in accordance with the most recent safe sleep recommendations of the American Academy of Pediatrics (AAP). Missouri child care licensing rules require licensed child care facilities to provide parent(s) and /or guardian(s) who have infants in care be provided a copy of the facilities safe sleep policy.

Sudden infant death syndrome is the sudden death of an infant less than one year of age that cannot be explained after a thorough investigation has been conducted, including a complete autopsy, an examination of the death scene, and a review of the clinical history.

Sudden unexpected infant death is the sudden and unexpected death of an infant less than one year of age in which the manner and cause of death are not immediately obvious prior to investigation. Causes of sudden unexpected infant death include, but are not limited to, metabolic disorders, hypothermia or hyperthermia, neglect or homicide, poisoning, and accidental suffocation.

Child care providers can maintain safer sleep environments for infants that help lower the chances of SIDS. Our goal is to take proactive steps to reduce the risk of SIDS in child care and to work with parents to keep infants safer while they sleep. To do so, this facility will practice the following safe sleep policy.

Safe Sleep Practices

1. Infants (under 1 year) will always be placed on their backs to sleep. When, in the opinion of the infant's licensed health care provider, an infant requires alternative sleep positions or special sleep arrangements, the provider must have on file at the facility written instructions, **signed by the infant's licensed health care provider**, detailing the alternative sleep positions or special sleeping arrangements. Caregivers will put the infant to sleep as specified in the written instructions.

2. When infants can easily turn from their stomachs to their backs and from their backs to their stomachs, they shall be initially placed on their backs, but shall be allowed to adopt whatever positions they prefer for sleep. The American Academy of Pediatrics recommends that infants are placed on their back to sleep, but when infants can easily turn over from their back to their stomach, they may adopt whatever position they prefer for sleep. We will follow this recommendation by the American Academy of Pediatrics.
3. Sleeping infants shall have a supervised nap period. The caregiver(s) shall check on the infant frequently during napping or sleeping and shall remain in close proximity to the infant in order to hear and see them if they have difficulty during napping or when they awaken. Lighting shall be suitable so that the caregiver(s) can see each infant in their crib easily. Music or white noise will be kept at low levels in order for caregiver(s) to be able to easily hear and monitor the infants in their care.
4. Steps will be taken to keep infants from overheating by regulating the room temperature, avoiding excess bedding, and not overdressing or over-wrapping the infant. Infants should be dressed appropriately for the environment, with no more than one (1) layer more than an adult would wear to be comfortable in that environment.
5. All management and infant caregivers will receive in-person training hosted by the Department of Health and Social Services and all other personnel at this facility will complete online training on infant safe sleep based on AAP safe sleep recommendations. This training must be completed within 30 days of employment or volunteering and will be completed every three years thereafter.

Safe Sleep Environment

1. Room temperature will be kept at no less than 68 F and no more than 85 F when measured two feet from the floor. Infants are supervised to ensure they are not overheated or chilled.
2. Infants' heads and face will not be covered during sleep. Infants' cribs will not have blankets or bedding hanging on top of or on the sides of the crib. **We may use sleep clothing (i.e. sleep sack, sleepers, commercial swaddles) that are designed to keep an infant warm without the possible hazard of covering the head or face during sleep/nap time.**
3. No blankets, loose bedding, comforters, pillows, bumper pads, or any object that can increase the risk of entrapment, suffocation or strangulation will be used in cribs, playpens or other sleeping equipment.
4. **Toys and stuffed animals will not be allowed in the cribs at any time. When indicated on the Infant and Toddler Feeding and Care Plan or with written parental consent,**

pacifiers will be allowed in the infants' cribs while they sleep. The pacifier cannot have cords or attaching mechanisms.

5. Volume of music or noise machines will be kept at a low level so as not to interfere with hearing infants while they are sleeping/napping. The room will have enough light so that infants can clearly be seen while sleeping/napping.
6. Only an individually-assigned safety-approved crib, portable crib or playpen with a firm mattress and tight-fitting sheet will be used for infant napping or sleeping.
7. Only one infant may occupy a crib or playpen at one time.
8. Sitting devices such as car safety seats, strollers, swings, infant carriers, infant slings, and other sitting devices will not be used for sleeping/nap time. Infants who fall asleep anywhere other than a crib, portable crib, or playpen must be placed in the crib or playpen for the remainder of their sleep or nap time.
9. No person shall smoke or otherwise use tobacco products in any area of the child care facility during the period of time when children cared for under the license are present.
Adventure Learning Center is a non-smoking campus.
10. Home monitors or commercial devices marketed to reduce the risk of Sudden Infant Death Syndrome (SIDS) shall not be used in place of supervision while children are napping or sleeping.
11. All parents/guardians of infants shall be informed of the facility's written Safe Sleep Policy at enrollment
12. To promote healthy development, infants who are awake will be given supervised "tummy time" for exercise and for play.